

Personal Narrative Brainstorm Sheet

Name: _____

Step 1 - Find a focus, a small moment that has some importance to you. Write your single, significant event or experience.

Example: A scary roller coaster at Canada's Wonderland.

Step 2 - Find important details. Visualize what happened. List several important details. Focus on your feelings, thoughts, and impressions.

Example: scary ride was called Leviathan, adrenaline rush, regret going on the ride, happy afterwards.

Step 3 - find the significance of the moment: What is the importance of this event or experience? Why will you remember it? What was its effect on you then and/or now? Did it teach you something? Did it change you in any way?

Example: I learned that if I try something hard, I might enjoy it.